



TRTA: The Voice For All Public Education Retirees

Volume 51, Issue 5

# MRTA January 2024 Newsletter

The President's Pen

Happy Belated New Year MRTA Members! The hustle and bustle is behind us and we can settle down to a slower pace. Our hard work will pay off shortly. Beginning the week of January 22nd, TRS will mail a second letter to eligible annuitants showing the new monthly annuitant payments reflecting the increase. Paper checks will be placed in the mail on January 30th, while those receiving annuities via direct deposit will receive them on January 31st. Yeah!! Let us sit back and enjoy the fruits of our labor!

Our **Annual Valentine Cards Drive for the Stilwell Retirement Residence will begin with this meeting.** Every year we collect cards and mail them to **Stilwell**. Those who want to participate should bring **10** cards addressed to **Stilwell Resident**. You may sign your name inside. Thank you for your participation.

Maxine Wyche

DATES TO



REMEMBER

## JANUARY'S MEETING

MRTA MEETING is on Wednesday, January 17, 2024, @ 12:30 P.M., in the Captain's Room, @ Nessler Center. Let us wear our TRTA red shirts, if possible. The speaker is **LeAnn McDonald, AMBA Benefits Advisor. Topic: AMBA**

## FEBRUARY'S MEETING

MRTA MEETING is on Wednesday, February 21, 2024, @12:30 P.M., in the Alamo Room, @ Nessler Center.

The speaker will be **Dr. Annette Jenkins. Topic: Dementia**

## *Executive Team & Committee Chair Reports*

### 1st Vice President/Correspondence Secretary

MRTA is off to a good start in 2024! There are no illnesses or hospitalizations to report at this time.

### Hostess/Group Me

#### **January Hostesses**

John Cooks

Rose Cooper

Evelyn Lee

Hazel Spiller

### Informative/Protective Committee

Keep a list of emergency phone numbers next to your phone

Post an emergency evacuation plan

Keep and maintain an emergency first aid kit

Remove clutter and tripping hazards

Maintain adequate lighting and use night lights

Keep towels and toiletries easily accessible

Use a non-slip bathmat or consider a shower stool or chair

Source—TRTA—2024

### Treasurer

As of December 31, the balance is \$8,395.56.

### Benefits Committee

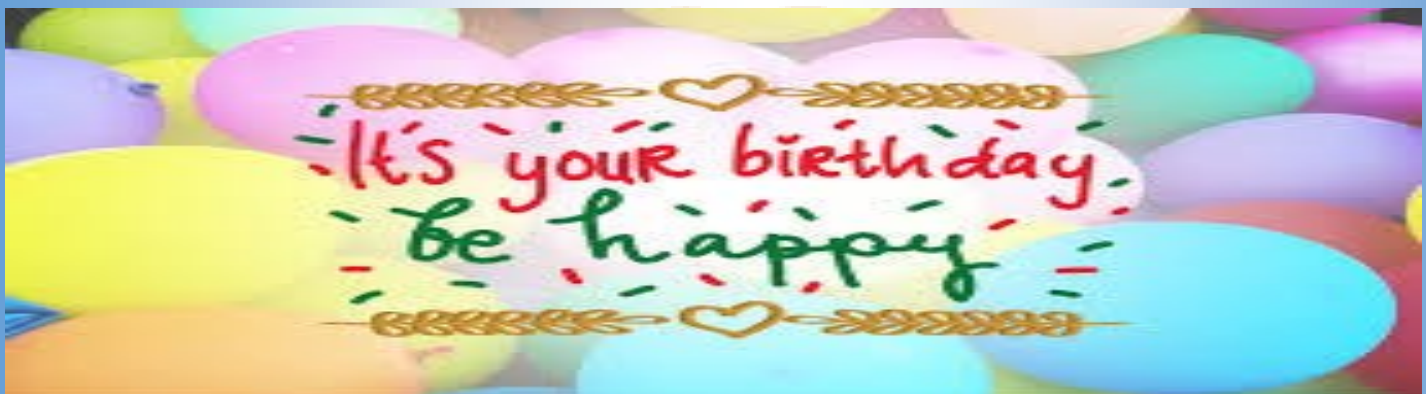
Those of you who have United HealthCare Insurance should have received your 2024 Over the Counter Benefits Guide and Catalog and Credit Card. Be sure and activate the card and keep it because the \$40 credit will be added to it every 3 months. For more instructions visit [HealthyBenefitsPlus.com/TRSCare MA](https://HealthyBenefitsPlus.com/TRSCareMA).

Source—TRSCareMedicare Advantage Plan Information

*To All Our Celebrating Couples*



**HAPPY BIRTHDAY TO ALL OF OUR JANUARY BABIES.....AND MANY MORE !!!!**



## *Executive Team & Committee Chair Reports*

### *Legislative Committee*

This email was sent to the Legislative Committee On Thursday, January 11, 2024 at 08:55:21 PM CST, JANE EIXMANN <jeixmann@att.net> wrote:

Hope everyone had a wonderful, restful holiday and is now celebrating with your chapter or waiting for your Jan. 31st check with the COLA added!

It's hard to believe, but it's time again for elections! The primary election will be held on March 5th, followed by primary run-off election on May 28 and ending with General Election on November 5. Primary elections are important because they determine which candidate will represent their respective political party in the general election. We have several District 4 legislators who have decided not to run for re-election. It's important to be aware of who is running and what their positions are on our legislative issues (i.e., defined benefits pension plan, retired teachers, etc.)

You can view all of the candidates that have filed by going to [https://ballotpedia.org/Texas elections, 2024](https://ballotpedia.org/Texas_elections_2024)

In addition, there is what is called a **Uniform Election** date in early May in which many local political subdivisions (such as cities, school districts, and water districts) have their regular general elections for members of their governing bodies or special elections (such as filling unexpired terms or vacancies).

I'm attaching a chart to show all of these upcoming elections and important dates so you can let your members know.

Thanks for all that you do for TRTA and our members!

Stay safe in this upcoming weather!

Jane  
1 File 765kB

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